



antigoDENTALclinic

"Your smile is important to us"

Dr. Meghan K. O'Brien

ph: 715-627-4391

707 6th Ave. Antigo, WI. 54409

www.antigodentalclinic.com

Filling Post Operative Instructions

- If anesthetic has been used, your lips, teeth, and tongue may be numb for several hours after the appointment. Avoid any chewing until the numbness has completely worn off.
- You may be sore where the anesthetic was given and intraoral bruising may occur. A non-steroidal anti-inflammatory drug (over the counter pain medication) like ibuprofen may help.
- It is normal to experience some cold sensitivity while your tooth is in the healing stage. Cold sensitivity is normal if it lasts 30 seconds or less after swallowing. If the sensitivity lingers beyond 1 minute after swallowing please call our office and speak to a clinical team member so they can assess the need for you to come in and see the Doctor.
- If bands or clamps were used, your gums may be sore for several days. Rinse three times a day with warm salt water (a tsp. of salt in a cup of warm water, rinse-swish-spit) to reduce pain and swelling.
- If your bite does not feel right after the numbness wears off or if you feel you are biting high on the new restoration, please call the office and schedule an appointment to have your bite adjusted. This will not go away and could cause further discomfort.