



antigoDENTALclinic

"Your smile is important to us"

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Crown and Bridge Preparation After Care

- If anesthetic has been used, your lips, teeth, and tongue may be numb for several hours after the appointment. Avoid any chewing until the numbness has completely worn off.
- You may be sore where the anesthetic was given and intraoral bruising may occur. A non-steroidal anti-inflammatory drug (over the counter pain medication) like ibuprofen may help.
- It is normal to experience some hot, cold and pressure sensitivity after each appointment. Cold sensitivity is normal if it lasts 30 seconds or less after swallowing. Any prolonged temperature sensitivity should be evaluated by the doctor.
- Your gums may be sore for several days. Rinse three times a day with warm salt water (a tsp. of salt in a cup of warm water, rinse-swish-spit) to reduce pain and swelling.
- A temporary crown or bridge may have been placed to protect your tooth or teeth while your custom restoration is being made. To help keep your temporary from coming off, avoid eating sticky foods (especially gum). On rare occasions temporary crowns come off. You can try a little toothpaste inside the temporary and replace yourself or call our office to have recemented.
- It is important to continue to brush around the tooth or teeth that have been prepared. However, floss very carefully and remove the floss from the side to prevent removal of the temporary crown.
- If your bite feels uneven, if you have persistent pain, or you have any other questions or concerns, please call our office as soon as possible.